

Why am I doing this?

- Because the climate is already changing and people in the Ganges delta are amongst the first to be adversely affected
- Because Geoffrey and I have been supporting Child in Need India (CINI) in Kolkata for many years
- Because CINI has already proved its ability to address the nutritional and other needs of the very poorest people in India and is now addressing the implications of climate change
- Because Geoffrey was so concerned about climate change and its effect on the most vulnerable people
- Because I want to raise awareness of all these issues and raise money for CINI

When am I doing it?

Starting March 2011 and hopefully reaching John O'Groats by mid-April.

What's the problem?

Incredibly, almost half of India's small children are malnourished. With 80% of the brain's development taking place in the first two years of life, this can mean long term physical and mental damage.

and

The population in India is increasing. Increased flooding, droughts and temperature are already happening, while the Himalayan glaciers melt.



What's the solution?

- CINI is already addressing the issues of climate change in relation to their work in nutrition and your generosity will help it to do more.

How you can help

- By sponsoring me on my mad venture
- By providing refuge if you are on my route!
- By cycling with me for a stretch and obtaining your own sponsorship
- By doing anything else you can think of to raise lots of money for CINI.

How you can donate

Either:

- Make a donation through my Just Giving' page at www.justgiving.com/RosalindJarvis

Or:

- Send a cheque made payable to 'Friends of CINI' to

The Old Free Kirk

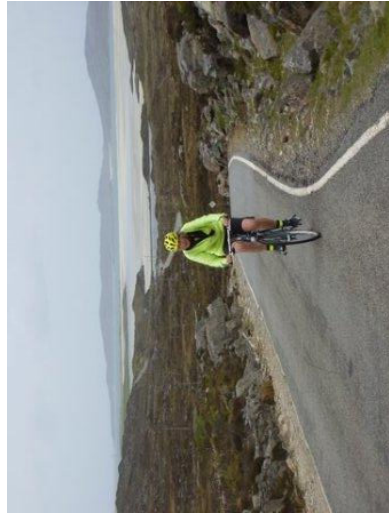
Baldermoor

Milngavie

Glasgow

G62 6HA

and if you are a UK taxpayer, fill in the Gift Aid form overleaf



Conquering the Clisham, Harris, May 2007!

Thank you so much!

GIFT AID DECLARATION

I,
of
.....
..... Post code

would like Friends of CINI to treat all donations I
make until I notify otherwise, as Gift Aid,

Signed
Date

Note – please read carefully:

- In order for CINI UK to reclaim the tax you have paid on your donation you must have paid income tax or capital gains (in the UK) at least equal to the tax CINI will reclaim on your donation in the tax year, i.e. the basic rate.
- Completing a Gift Aid declaration does not affect your tax status or commit you to supporting CINI in the future.
- You can cancel your Declaration at any time by notifying Friends of CINI or CINI UK
- If you pay tax at the higher rate you can claim tax relief in your self assessment tax return.
- By signing a Gift Aid Declaration, you will increase your donation by 25% at no extra cost to yourself.

Friends of CINI Charity No. SC 029591
20 Snowdon Place
STIRLING
FK8 2JN



help the mother
help the child...

Child In Need India (CINI) is a highly regarded non governmental organisation founded in 1974 in Kolkata by Dr Samir Chaudhuri, a paediatrician and nutritionist

CINI helps mothers and children in India break free from the inter-generational cycle of poverty, malnutrition and ill health. It works with local community groups, local service providers and local government bodies to bring about lasting change.



CINI has twice won the Indian Government's prestigious National Award for Child Welfare in 1986 and again in 2005 – in recognition of the quality of the work done and the numbers of children helped.

Friends of CINI, a Scottish charity (SC 029591), has been raising funds for CINI for many years.

Want to know more, or join me along the route?

Follow my blog at:

<http://rosalindjarvis.blog.co.uk/>

Contact me at

rjarvis@bulldoghome.com or

Tel. 0141-956 3899

Find out more about CINI at:

www.cini-india.org / www.cini.org.uk

Child In Need India

Will you sponsor me
- Ros Jarvis -
to cycle from Land's End
to John O'Groats ...



In memory of
my dear Geoffrey

... to help the poorest young
mothers in India combat
CLIMATE CHANGE?

